

# Implementing Contraceptive Access Now

# Mission

To transform how contraceptive care is delivered, accessed, and paid for so that everyone can achieve reproductive well-being.

# **Our Goal**

To eliminate the contraceptive coverage gap in the United States through guiding and resourcing statebased actors to implement model Family Planning State Plan Amendments (SPAS) and waivers.

- Equitable access to high quality contraceptive care remains out-of-reach for millions of people of color and people with low-incomes—a persistent problem that has taken on new urgency post *Dobbs*.
- Community health centers (CHCs) provide essential prenatal, birth, postpartum, and family planning care for the nation's most underserved communities, but they are struggling due to:
  - Closures of birthing hospitals, CHCs are absorbing more prenatal and postpartum patients.
  - Medicaid unwinding is expected to reduce CHC revenue by an estimated \$2.8 billion as patients lose coverage.

### Well-implemented Medicaid Family Planning Programs can help to address these challenges by:

- Providing more robust and predictable funding for CHCs to deliver family planning and related preventive and primary care services.
- Ensuring access to sexual and reproductive healthcare services at a time when people need to know that they can access the birth control method of their choice.

# **Connecticut Reproductive Health Landscape Today**

Connecticut ranks **#4** overall in women's health care thanks to high rates of cervical cancer screenings, a robust maternity care workforce, and low rates of pregnancy-related maternal deaths.<sup>1</sup>

But challenges remain when it comes to reproductive, sexual, and maternal health access and outcomes.

#### STIs/HIV

**11.2%** of CT women ages 18-44 reported engaging in behaviors that put them at high risk of HIV. **Less than half** of CT women have never had an HIV/AIDS test.<sup>2</sup>



From 2017–2021, Connecticut experienced a **193.5%** increase in syphilis cases (from 3.1 to 9.1/100,000 persons).<sup>3</sup>

#### **MATERNAL HEALTH**

23% of live births have short interpregnancy intervals.<sup>4</sup>

40% of births covered by Husky Health.

The maternal death rate of non-Hispanic Black women is **2.6x** that of non-Hispanic White women, and **4x** higher that of AAPI women.<sup>5</sup>



**CONTRACEPTIVE CARE AND ACCESS** 

Only **20.5%** of women who gave birth reported visiting a provider to discuss family planning or birth control 12 months prior to pregnancy.<sup>6</sup>

**14%** of women 18-44 reported a time in the past year where cost prevented them from seeing a doctor when they needed to.<sup>7</sup>

**64.9%** of CT women who gave birth reported their pregnancies were intended, but among non-Hispanic Black women, **less than half** (47%) of pregnancies were intended.<sup>8</sup>

This data highlights the need to normalize birth control as basic health care in community health centers where patients access primary care.



## **HUSKY Health Limited Benefit - Family Planning**

### Who is eligible?

- ✓ Any gender of reproductive age
- ✓ Connecticut resident
- ✓ US citizen or legal immigration status >5 years (unless < 21 years old)</li>
- ✓ Household income < 263% FPL (~\$3301/mo individual |~\$5659/hh of 3)
- ✓ People >21 can apply without their parents' income considered

### What services are covered?

- ✓ Contraceptive services/supplies, including sterilization
- ✓ HPV vaccines
- ✓ STI /HIV screening, treatment for most STIs
- Treatment of a medical problem from a family-planning service
- ✓ Comprehensive physical exams
- Nonemergency medical transportation to doctor visits

### How does enrollment work?

- Apply for full Medicaid online, over the phone, or in person or for presumptive eligibility (PE) in person. Receives voucher, must help client apply through AHCT.
- ✓ PE until the last day of the following month after PE was determined
- ✓ Apply twice for PE every 12 months

Mean annual enrollment rate: 1.9%<sup>1</sup>

Mean annual % of enrollees utilizing any family planning service: 73%<sup>1</sup>

### **Opportunities to Strengthen Husky Health Limited Benefit – Family Planning**



#### Enhance SPA inclusions

Coverage eligibility can be expanded even further.

- Understand and rectify PE obstacles.
- Apply flexible household composition rules. Allow individuals to qualify based on their own income (vs. household).
- Expand ongoing coverage eligibility to non-citizens <u>></u>21.
- Develop enrollment and utilization data dashboard.



Train and support primary care providers.

### Mean annual enrollment rate is just 1.9%.

- Support providers to register as Husky Health Certified Entities (HHCE) for on site immediate enrollment.
- Facilitate trainings and provide TA to health centers focused on SPA covered services, eligibility, and enrollment, with focus on the following:
  - Capturing coding for move to bundled payment
  - LARC carve out for FQHCs
  - Continuation of coverage at 12 months and 1 day postpartum
- Facilitate trainings for social service providers in partnership with Title V agencies, local community-based organizations, school districts, etc. focused on screening, enrollment, and/or referrals to enrollment sites.



Drive patient awareness.

## Lack of direct-to -consumer information about benefits/options.

- Explore state funding for public awareness campaign that is communitydriven, evidence-informed, culturally affirming and responsive to the needs of those who fall into the contraceptive coverage gap.
- Develop consumer-facing landing page with user-friendly digital tools that help individuals determine coverage eligibility and simplify the complexities of healthcare coverage.
- Optimize existing Husky Health Nurse hotline, AHCT, and 211 script and directory.

# Sample Resources

### **For Providers**

• Foundational Training Live and on-demand webinars

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- Enrollment job aids
- Coverage and eligibility fact sheets
- Sliding Fee Discount Scales
- Peer learning networks



### **For Patients**

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- Marketing campaign messaging and creative assets.
- Digital platform including tools such as:
  - Screening eligibility quiz.
  - Enrollment site directory.
  - Consumer FAQs.

### See if you're eligible for the Illinois HFS Family Planning Program

The HFS Family Planning Program offers family planning benefits (birth control coverage) and sexual and reproductive health services at no cost.

Answer a few questions and we'll tell you if you qualify for free birth and other sexual and reproduc health care benefits.

Start the Quiz (English)

Iniciar prueba (español)





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# **Key ingredients for success**

- > Setting the table with State Key Players (SKPs).
  - Connecticut Husky Health Medicaid and Access Health CT
  - Connecticut Department of Public Health Maternal and Child Health Coalition
  - Connecticut Department of Social Services ConneCT
  - Connecticut Office of Early Childhood
  - Community Health Center Association of Connecticut (CHC/ACT)
  - Connecticut Primary Care Association
  - Connecticut Perinatal Quality Collaboration (CPQC)
  - Connecticut Office of Health Strategy
  - Medical Assistance Program Oversight Council (Women & Children's Health Committee)
  - Connecticut's Women's Consortium
- > Activating provider networks.

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- > Elevate community voices through ICAN! Community Advisory Board participation.
- > Drive accountability and impact through metrics development and monitoring.



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## 2-3 Year Partnership





----> = Community Advisory Board input and guidance

## **Connecticut Reproductive Health Landscape after coordinated SPA implementation**

Access to person-centered contraceptive care and related family planning services in the context of whole person health care.

Patients' ability to decide if, when, and under what circumstances to become pregnant.

Patients whose postpartum coverage expires access ongoing coverage for family planning services. Predictable funding for community health centers.

Public funds can be allocated for outreach and education, as well as for truly uninsured patients.

Ability to sustainably expand scope of family planning services.

Reproductive, sexual, and maternal health outcome disparities.



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# **Connect with Us**



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